

SMSA Brings Sailing Lessons to you for Summer 2010



Our sailing lessons are offered to anyone age five and up. Our courses are taught by US Sailing certified instructors which includes First Aid and CPR training. The SMSA program emphasizes safety, learning, and foremost FUN, by teaching sailing, seamanship and navigational skills, plus an introduction to racing. Our program helps participants develop self-reliance, self regulation, sportsmanship, knowledge and respect for the environment while ensuring boating safety awareness. With a combination of classroom time and on the water time, classes are designed to teach the basic skills of sailing to beginners and to help hone the skills of more advanced students. The SMSA learn to sail program uses Optimists and Sunfish sailboats.

Our Mission -

The SMSA Sailing program will provide a safe, fun and educational sailing environment.

Our goal is to facilitate the development of the fundamental and advanced skills of sailing while fostering an environment that imparts the love of sailing and the water. Our curriculum is designed to build each sailor's skill set in an incremental development method. This will result in skilled and confident sailors who learn to work together, care for equipment and the Bay, and build lasting friendships.

Who Can Take Our Classes?

The program is open to SMSA members and Non-member's*.

Prices:

Kids Intro to Sail: \$95

Beginner and Intermediate Opti: \$230*

Family and Adult Intro to Sailing: \$160 (Free to New SMSA Members)

Advanced Teen Racing: \$320

Green Fleet Friday Nights: \$35

*non-members add \$60 for a "Junior" membership

Southern Maryland Sailing Association

Contact Us

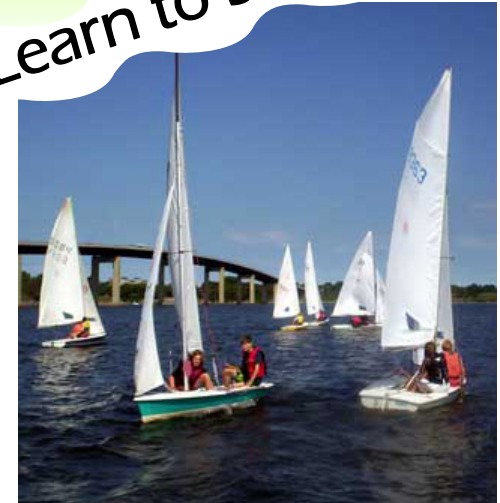
Southern Maryland Sailing Association

www.smsa.com

Email: Junior@smsa.com

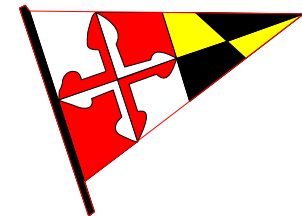
SMSA

Learn to Sail



Sailing Camps for Juniors and Adults

Southern Maryland Sailing Association



www.smsa.com

Email: Junior@SMSA.com

Course Descriptions

Kids Intro to Sailing

This is a four evening course designed to give the youngest sailors in our program an introduction to the Chesapeake Bay and sailing. The class is designed for sailors ages 5-8. Emphasis will be placed on fun, teamwork, and enjoying the water.

5:00 to 8:00pm Tuesday and Wednesday Evenings

Beginner Opti Sailing

Our Opti classes offer instruction for beginners by introducing basic seamanship including rigging, steering, and beginner sailing. Emphasis is placed on safety, learning, and fun. Students are introduced to water safety through classroom and on the water activities. Students will learn boat controls, basic sailing maneuvers, basic seamanship, and wind direction. This course is for children ages 8-12

9:00am to 4:00pm Monday thru Friday

Intermediate Opti Sailing

This class is for the intermediate sailor who wants to improve their sailing skills. Students who have previously been enrolled in a sailing class with SMSA or have other sailing experience are invited to join. The class emphasizes improving the students' basic skills of seamanship, and of course FUN!

9:00am to 4:00pm Monday thru Friday

Advanced Teen Racing

This class is for the intermediate and advanced teen sailor who wants to improve their sailing skills. Students who have previously been enrolled in a sailing class with SMSA or have some other sailing experience are invited to join. The class emphasizes improving the students' basic skills of seamanship, racing skills and teamwork. This course is FUN. *The class will be held at the Sailing Center Chesapeake on Millburn Creek and is a collaborative class with SMSA and Saint Mary's River Yacht Club. The course will utilize Club FJ's.*

12-6:00pm Monday and Tuesday

Family and Adult Learn to Sail

Our Family and Adult Sailing program is taught on Sunfish and small keelboats. This course focuses on the fundamentals of small boat sailing. The course is open to any sailor interested in learning or improving their small boat sailing skills. The course is open to all students 12 and up.

5:30-9:00pm Monday Nights

Green Fleet Racing

SMSA offers a low key instructional race program open to anyone involved in any of the other SMSA programs. Green Fleet Racing is designed to help improve students' sailing skills and introduce them to the fun and excitement of racing. Use one of our boats or bring your own.

Friday Nights 6:00pm to dusk

Program Dates

Kids Intro to Sailing 5-8pm
June 8,9,15,16 June 29,30;July 5,6
July 13,14,27,28 August 3,4,10,11

Beginner Opti Sailing 9am-4pm
June 28-July 2 July 5-9
July 12-16 August 2-6
August 9-13

Intermediate Opti Sailing 9am-4pm
July 26-30 August 16-20

Advanced Teen Racing 12-6pm
June 28-August 17
Monday and Tuesday s

Family and Adult Learn to Sail
5:30-9pm
June 28-August 17

Green Fleet Racing 6pm-dusk
June 28-August 17
Friday evenings

To Register

Visit www.smsa.com and click on **Junior** to find out more

Or Contact Jimmy Yurko 240-434-1312

Email: junior@smsa.com